

# 2019 Marine Corps Trials Results

## Powerlifting and Flights

| <b>Flight A---Female</b>            | <b>TEAM</b> | <b>Official Weigh-in</b> | <b>Straps (0,1,2)</b> | <b>Rack Height</b> | <b>BP---1 (Lbs)</b> | <b>BP---2</b> | <b>BP---3</b> | <b>Final</b> | <b>Place</b> |
|-------------------------------------|-------------|--------------------------|-----------------------|--------------------|---------------------|---------------|---------------|--------------|--------------|
| LCPL Alberto, Graciela (55.01-67)   | East        | 131.8/59.9 Kg            | 2                     | 2                  | 85                  | 91            | 94            | 94           | Silver       |
| LCPL Knickerbocker, Tisha (Upto 55) | West-V      | 120.6/54.3 Kg            | 1 Loose               | 2                  | 92                  | 95            | 100           | 100          | Gold         |
| SGT Lipscomb, Laneesa (67.01-86)    | East        | 147.0/67.4 Kg            | 2                     | 2                  | 95                  | 100           | 115           | 115          | Gold         |
| SGT Mallet, Audrey (55.01-67)       | French      | 139.1/63.3 Kg            | 2                     | 2                  | 115                 | 121           | 128           | 128          | Gold         |
| SSGT Grauer, Beth (86.01 Plus)      | West-V      | 243/110.6 Kg             | 1                     | 3                  | 120                 | 123           | 126           | 126          | Gold         |
| <b>Flight A---Male (88.01-107)</b>  |             |                          |                       |                    |                     |               |               |              |              |
| PFC Blakemore, Owyn                 | West        | 216/98.0 Kg              | 1                     | 3                  | 125                 | 131           | 140           | 140          |              |
| LCPL Gross, Austin                  | East        | 197/89.3 Kg              | 1                     | 3                  | 190                 | 196           | 200           | 200          |              |
| GYSGT Plowman, Alexander            | West-V      | 205/92.8 Kg              | 1                     | 2                  | 250                 | 263           | 270           | 270          |              |
| SSGT Estrada, Ricardo               | West        | 211/8/96.1 Kg            | 1                     | 2                  | 275                 | 283           | 293           | 293          | Silver       |
| LCPL Velasquez, Joel                | West        | 216.6/98.2 Kg            | 1                     | 3                  | 285                 | 287.5         | 305x          | 287.5        | Bronze       |
| SSGT Dominguez, Robert              | West-V      | 197.1/89.2 Kg            | 1 or 2                | 3                  | 285                 | 294           | 304           | 304          | Gold         |
| <b>Flight A---Male (107.1 plus)</b> |             |                          |                       |                    |                     |               |               |              |              |
| CPL DominguezMalpas, Mario          | West        | 236.6/107.2 Kg           | 1                     | 4                  | 295                 | 308           | 325           | 325          | Gold         |
| <b>Flight B---Male (upto 72)</b>    |             |                          |                       |                    |                     |               |               |              |              |
| CPL Bordes, Pierre                  | French      | 135.8/61.6 Kg            | 2                     | 2                  | 150                 | 165           | 168x          | 165          |              |
| CPL Phillips, Jay                   | West        | 158.6/71.9 Kg            | 1                     | 3                  | 178                 | 185           | 196           | 196          | Bronze       |
| CPL Frodl, Troy                     | East        | 158.8/71.8 Kg            | 1                     | 3                  | 180                 | 188           | 196           | 196          | Silver       |
| CAPT Nugent, Patrick                | East        | 154.6/70 Kg              | 2                     | 4                  | 250                 | 258           | 262           | 262          | Gold         |
| <b>Flight B---Male (72.01-88)</b>   |             |                          |                       |                    |                     |               |               |              |              |
| 1st SGT Landry, Michael             | West        | 183.6/83.2 Kg            | 1 or 2                | 4                  | 230                 | 241           | 250           | 250          |              |
| CPL Hautea, ReoDan                  | West        | 179.4/81.4 Kg            | 2                     | 3                  | 240                 | 255           | 271           | 271          |              |
| SSGT Wulf, Bryon                    | West        | 188/85.2 Kg              | 2                     | 3                  | 255                 | 275           | 290x          | 275          |              |
| SGT Jones, Durrell                  | East        | 172.6/78.3 Kg            | 1                     | 3                  | 280                 | 295           | 315x          | 295          | Silver       |
| MGYSGT Martin, Carnell              | West-V      | 176/79.8 Kg              | 1                     | 4                  | 285                 | 297x          | 297x          | 285          | Bronze       |
| MAJ Kosar, Dustin                   | East        | 167/74.9 Kg              | 2                     | 3                  | 287                 | 303           | 320           | 320          | Gold         |